



COMMUNITY WORSHIP HOLY COMMUNION

SERVICE DETAILS FOR the 12th Sunday after Trinity Sunday, 30th August 2020

COME TO WORSHIP

WELCOME & INTRODUCTION

During this service, after each hymn being announced, we will allow time for you to change the YouTube link if you choose. Also, after each passage of our Bible reading is announced we will allow time for you to look it up in your Bibles, or on your Bible Apps or Bible Gateway and follow the reading. We use the New International Version (UK).

OPENING HYMN:

This is the day that the Lord has made

<https://www.youtube.com/watch?v=cccJhMVFrLs>

✠ THE PSALM FOR THE DAY IS PSALM 105.23-26

Then Israel entered Egypt; Jacob resided as a foreigner in the land of Ham.

²⁴ The LORD made his people very fruitful; he made them too numerous for their foes, ²⁵ whose hearts he turned to hate his people, to conspire against his servants.

²⁶ He sent Moses his servant, and Aaron, whom he had chosen.

Glory be to the Father, and to the Son, and to the Holy Spirit. Amen



THE GREETING

We come together in the name of the Father, and of the Son, and of the Holy Spirit.

The Lord be with you. **And also with you.**

Faithful one, whose word is life: come with saving power to free our praise, inspire our prayer and shape our lives for the kingdom of your Son, Jesus Christ our Lord.

The St George's Prayer *Our Father, as individuals and as a community may we come to know and love you more and more, may we feel your love and care through each other, may we be witnesses to Christ wherever we are, and by the power of your Holy Spirit, may we be attentive to you, to our neighbour and to your world.*

CELEBRATION SONG

Who's the king of the jungle https://www.youtube.com/watch?v=_pCirKZr8QY

✘ INTRODUCTION TO CONFESSION

The gospel calls us to turn away from sin and be faithful to Christ.

As we offer ourselves to him in penitence and faith, we renew our confidence and trust in his mercy. We long for the fire of God's cleansing to touch our unclean lips, for our guilt to be removed and our sin wiped out.

So we meet Father, Son and Holy Spirit with repentance in our hearts.

Almighty God, our heavenly Father, we have sinned against you and against our neighbour in thought and word and deed, through negligence, through weakness, through our own deliberate fault. We are truly sorry and repent of all our sins. For the sake of your Son Jesus Christ, who died for us, forgive us all that is past and grant that we may serve you in newness of life to the glory of your name. Amen.

✘ ABSOLUTION

May the Father forgive *us* by the death of his Son and strengthen *us* to live in the power of the Spirit all *our* days. **Amen.**

THE GLORIA IN EXCELSIS is said or sung and/or SONGS OF THANKSGIVING

Glory to God in the highest, and peace to his people on earth.

Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory.

Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us;

you are seated at the right hand of the Father: receive our prayer.

For you alone are the Holy One, you alone are the Lord,

you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

Glory to God <https://www.youtube.com/watch?v=R7C4DvKOgFE>

✘ COLLECT

God of constant mercy, who sent your Son to save us:

remind us of your goodness,

increase your grace within us,

that our thankfulness may grow,

through Jesus Christ our Lord.



SCRIPTURE: NB Normally in **Vita Voce Services** there will only be one reading and the Gospel.

✘ OLD TESTAMENT READING Exodus 3.1-15

Now Moses was tending the flock of Jethro his father-in-law, the priest of Midian, and he led the flock to the far side of the wilderness and came to Horeb, the mountain of God. ²There **the angel of the LORD** appeared to him in flames of fire

from within a bush. **Moses saw** that though the bush was on fire it did not burn up. ³ **So Moses thought**, ‘I will go over and see this strange sight – why the bush does not burn up.’ ⁴ **When the LORD saw** that he had gone over to look, **God called** to him from within the bush, ‘Moses! Moses!’ **And Moses said**, ‘Here I am.’ ⁵ ‘Do not come any closer,’ **God said**. ‘Take off your sandals, for the place where you are standing is holy ground.’ ⁶ **Then he said**, ‘I am the God of your father,^[a] the God of Abraham, the God of Isaac and the God of Jacob.’ At this, **Moses hid his face**, because he was afraid to look at God. ⁷ **The LORD said**, ‘I have indeed seen the misery of my people in Egypt. I have heard them crying out because of their slave drivers, and I am concerned about their suffering. ⁸ So I have come down to rescue them from the hand of the Egyptians and to bring them up out of that land into a good and spacious land, a land flowing with milk and honey – the home of the Canaanites, Hittites, Amorites, Perizzites, Hivites and Jebusites. ⁹ And now the cry of the Israelites has reached me, and I have seen the way the Egyptians are oppressing them. ¹⁰ So now, go. I am sending you to Pharaoh to bring my people the Israelites out of Egypt.’ ¹¹ **But Moses said** to God, ‘Who am I that I should go to Pharaoh and bring the Israelites out of Egypt?’ ¹² **And God said**, ‘I will be with you. And this will be the sign to you that it is I who have sent you: when you have brought the people out of Egypt, you^[b] will worship God on this mountain.’ ¹³ **Moses said** to God, ‘Suppose I go to the Israelites and say to them, “The God of your fathers has sent me to you,” and they ask me, “What is his name?” Then what shall I tell them?’ ¹⁴ **God said** to Moses, ‘I AM WHO I AM.’^[c] This is what you are to say to the Israelites: “I AM has sent me to you.” ¹⁵ **God also said** to Moses, ‘Say to the Israelites, “The LORD,^[d] the God of your fathers – the God of Abraham, the God of Isaac and the God of Jacob – has sent me to you.” ‘This is my name for ever, the name you shall call me from generation to generation.

This is the Word of the Lord, *Thanks be to God*



✠ NEW TESTAMENT READING Romans 12.9-21

⁹ **Love** must be sincere. Hate what is evil; **cling** to what is good. ¹⁰ Be **devoted** to one another **in love**. **Honour** one another above yourselves. ¹¹ Never be lacking in zeal, but keep your spiritual fervour, serving the Lord. ¹² **Be joyful** in hope, **patient** in affliction, **faithful** in prayer. ¹³ Share with the Lord’s people who are in need. Practise hospitality. ¹⁴ **Bless** those who persecute you; bless and do not curse. ¹⁵ **Rejoice** with those who rejoice; mourn with those who mourn. ¹⁶ **Live in harmony** with one another. Do not be proud, but be willing to associate with people of low position.^[a] Do not be conceited. ¹⁷ Do not repay anyone evil for evil. Be careful to do what is right in the eyes of everyone. ¹⁸ If it is possible, as far as it depends on you, **live at peace** with everyone. ¹⁹ Do not take revenge, **my dear friends**, but leave room for God’s wrath, for it is written: ‘It is mine to avenge; I will repay,’^[b] says the Lord. ²⁰ On the contrary: ‘If your enemy is hungry, feed him; if he is thirsty, give him

something to drink. In doing this, you will heap burning coals on his head.^[c] ²¹ Do not be overcome by evil, but **overcome evil with good**.

This is the Word of the Lord, Thanks be to God

GOSPEL HYMN

Holy ground <https://www.youtube.com/watch?v=fJFDM9Fcguy>

✠ Christ in you, the hope of glory. **This is the gospel we proclaim.**

✠ **THE GOSPEL** **Matthew 16.21-28**

Hear the Gospel of our Lord Jesus Christ according to St ... , Glory to you O Lord

²¹ **From that time on** Jesus began to explain to his disciples that he must go to Jerusalem and suffer many things at the hands of the elders, the chief priests and the teachers of the law, and that he must be killed and on the third day be raised to life. ²² **Peter took him aside** and began to rebuke him. ‘Never, Lord!’ he said. ‘This shall never happen to you!’ ²³ **Jesus turned and said to Peter**, ‘Get behind me, Satan! You are a stumbling-block to me; you do not have in mind the concerns of God, but merely human concerns.’ ²⁴ **Then Jesus said to his disciples**, ‘Whoever wants to be my disciple must deny themselves and take up their cross and follow me. ²⁵ For whoever wants to save their life^[a] will lose it, but whoever loses their life for me will find it. ²⁶ What good will it be for someone to gain the whole world, yet forfeit their soul? Or what can anyone give in exchange for their soul? ²⁷ For the Son of Man is going to come in his Father’s glory with his angels, and then he will reward each person according to what they have done. ²⁸ **Truly I tell you**, some who are standing here will not taste death before they see the Son of Man coming in his kingdom.’

This is the Gospel of the Lord, Praise you O Christ

Sermon Difficult Times

*May the words of my mouth and the meditation of all our hearts
be pleasing to you O Lord our Saviour*

In our stories in Exodus and in the Gospel we have difficult choices being made. Our Epistle then tells us how we are to live in the midst of difficult times.

Old Testament Reading.

✠ In Exodus God gives Moses a challenge and a choice. **PSALM 105.23-26 is the Introduction that sets the scene** : *Then Israel entered Egypt; Jacob resided as a foreigner in the land of Ham.* ²⁴ *The LORD made his people very fruitful; he made them*

too numerous for their foes,²⁵ whose hearts he turned to hate his people, to conspire against his servants.²⁶ **He sent Moses his servant, and Aaron, whom he had chosen.**

✘ Exodus 3.1-15 is a record of a conversation with God – it is the end of one era – the end of slavery but a slavery that was familiar and seemed safe, although arduous - and the beginning of the next – a bringing out to freedom. As the story of Exodus goes on we discover that freedom is not always an easy place. It leads to uncertainty this is a story of uncertainty ... but an uncertainty with God – a God who is - and a God who does.

✘ **I love this interaction:** Moses is all too human – the people God uses don't have to be super human. He did not realise how gifted he was. He was, with God's help, entirely capable of doing the job God was giving him. Here is the story: **Now Moses was tending the flock of Jethro his father-in-law, ...**² There **the angel of the LORD** appeared to him in flames of fire from within a bush. **Moses saw** that though the bush was on fire it did not burn up.³ **So Moses thought,** 'I will go over and see this strange sight – why the bush does not burn up.'⁴ **When the LORD saw** that he had gone over to look, **God called** to him from within the bush, 'Moses! Moses!' **And Moses said, 'Here I am.'**⁵ 'Do not come any closer,' **God said.** 'Take off your sandals, for the place where you are standing is holy ground.'⁶ **Then he said,** 'I am the God of your father, the God of Abraham, the God of Isaac and the God of Jacob.' At this, **Moses hid his face, because he was afraid to look at God.**

⁷ **The LORD said, 'I have indeed seen I have heard .. and I am concerned**⁸ **So I have come down to rescue them .. and to bring them up** out of that land into a good and spacious land, a land flowing with milk and honey – ...¹⁰ **So now, go. I am sending you ...**¹¹ **But Moses said to God, 'Who am I that I should go ...**¹² **And God said, 'I will be with you. ...'**¹³ **Moses said to God,** 'Suppose I go ... and ... and ... Then what shall I tell them?'¹⁴ **God said** to Moses, 'I AM WHO I AM. ... "I AM has sent me to you."¹⁵ **God also said..,** 'Say .. "The LORD, the God of your fathers – the God of Abraham, the God of Isaac and the God of Jacob – has sent me to you." ...

✘ We know that Moses went - and we know the rest of the story but it was a tough charge!

GOSPEL Matthew 16.21-28

✘ Jesus tells his disciples that he is about to do something they will find sad, strange and disturbing. Jesus begins **21 ... to show his disciples** that he must go to Jerusalem and undergo great suffering ... and be killed, and on the third day be raised.

✘ Even his most loyal disciple could not understand why he was saying this and why he was going to take the path he was going to. Even the most loyal friend can be an obstacle and even a tool of the evil one. Let us be very careful who and what we listen to.

✠ ²⁴ **Then Jesus told his disciples, 'If any want to become my followers, let them deny themselves and take up their cross and follow me. ²⁵For those who want to save their life will lose it, and those who lose their life for my sake will find it.**

Message ²⁴⁻²⁶ *Then Jesus went to work on his disciples. "Anyone who intends to come with me has to let me lead. You're not in the driver's seat; I am. Don't run from suffering; embrace it. Follow me and I'll show you how. Self-help is no help at all. Self-sacrifice is the way, my way, to finding yourself, your true self. What kind of deal is it to get everything you want but lose yourself? What could you ever trade your soul for?*

✠ Difficulties may face us ... we are living in difficult times. But the Lord always knows what is happening and never is caught by surprise.

The Epistle reading from Romans 12.9-21 challenges us as how we are to live as we face the realities of these times or any difficult times. Here is a reading telling us the positives – the corollary of the negatives are there in our reading:

✠ ⁹ **Love** must be sincere. ...; **cling** to what is good. ¹⁰ Be **devoted** to one another **in love**. **Honour** one another above yourselves. ¹¹ .. keep your spiritual fervour, serving the Lord. ¹² **Be joyful** in hope, **patient** in affliction, **faithful** in prayer. ¹³ Share with the Lord's people who are in need. Practise hospitality. ¹⁴ **Bless** those who persecute you; ... ¹⁵ **Rejoice** with those who rejoice; mourn with those who mourn. ¹⁶ **Live in harmony** with one another. ... be willing to associate with people of low position... Be careful to do what is right in the eyes of everyone. ¹⁸ If it is possible, as far as it depends on you, **live at peace** with everyone. ¹⁹ ..., **my dear friends**, ... 'If your enemy is hungry, feed him; if he is thirsty, give him something to drink. In doing this, you will heap burning coals on his head.'^[c] ²¹ Do not be overcome by evil, but **overcome evil with good**.

✠ This is how we are called to be. In these days I believe as we have been set free to an extent that we have been set free to love!

In the name of the Father, the Son and the Holy Spirit.


THE APOSTLES' CREED –


(If you are able, please stand)

This is what we believe.

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead. On the third day he rose again; he

ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

(Please sit)

.....
PRAYERS OF GOD'S PEOPLE

O Lord, hear my prayer may be sung

These responses may be used:

Lord, in your mercy **hear our prayer** or Lord, hear us **Lord, graciously hear us.**

At the end:

Merciful Father, accept these prayers for the sake of your Son, our Saviour Jesus Christ. Amen.

Minister Almighty and everlasting God,
the comfort of the sad, the strength of those who suffer:
hear the prayers of your children who cry out of any trouble,
and to every distressed soul grant mercy, relief and refreshment,
through Jesus Christ our Lord. **Amen.**

.....
✠ INTRODUCTION TO THE PEACE

We are the body of Christ.
In the one Spirit we were all baptized into one body.
Let us then pursue all that makes for peace
and builds up our common life.

The peace of the Lord be always with you **and also with you.**

Let us offer one another a sign of peace. *All may exchange a sign of peace*

🎵 OFFERTORY HYMN

He who would valiant be <https://www.youtube.com/watch?v=xJhtviWxK4U>

✠ RECEIVING BREAD AND WINE

Blessed be God, who feeds the hungry,
who raises the poor, who fills our praise.
Blessed be God for ever.

THE EUCHARISTIC PRAYER – *The great prayer of praise and thanksgiving.*

The Lord is here. **His Spirit is with us.**
Lift up your hearts. **We lift them to the Lord.**
Let us give thanks to the Lord our God. **It is right to give thanks and praise.**

It is indeed right, our duty and our joy that we should always sing of your glory, holy Father, almighty and eternal God, through Jesus Christ your Son our Lord.

For you are the hope of the nations, the builder of the city that is to come. Your love made visible in Jesus Christ brings home the lost, restores the sinner and gives dignity to the despised.

In his face your light shines out, flooding lives with goodness and truth, gathering into one in your kingdom a divided and broken humanity.

Therefore with all who can give voice in your creation we glorify your name, for ever praising you and saying:

Holy, holy, holy Lord, God of power and might. Heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

We praise you, loving Father, through Jesus Christ, our Lord; and as we obey his command, send your Holy Spirit, that broken bread and wine outpoured may be to us the body and blood of your dear Son.

On the night before he died he had supper with his friends and, taking bread, he praised you. He broke the bread, gave it to them and said: Take, eat, this is my body which is given for you; do this in remembrance of me. When supper was ended he took the cup of wine. Again he praised you, gave it to them and said: Drink this, all of you; this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.

So, Father, we remember all that Jesus did, in him we plead with confidence his sacrifice made once for all upon the cross. Bringing before you the bread of life and cup of salvation, we proclaim his death and resurrection until he comes in glory.

Great is the mystery of faith:

Christ has died, Christ is risen, Christ will come again.

Lord of all life, help us to work together for that day when your kingdom comes and justice and mercy will be seen in all the earth. Look with favour on your people, gather us in your loving arms and bring us with all the saints to feast at your table in heaven.

Through Christ, and with Christ, and in Christ, in the unity of the Holy Spirit, all honour and glory are yours, O loving Father, for ever and ever. **Amen.**

THE LORD'S PRAYER

As our Saviour taught us, so we pray:

Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven.

Give us today our daily bread.

Forgive us our sins as we forgive those who sin against us.

Lead us not into temptation but deliver us from evil. For the kingdom, the power, and the glory are yours now and for ever. Amen.

THE COMMUNION

We break this bread to share in the body of Christ.

**Though we are many, we are one body,
because we all share in one bread.**

The Agnus Dei may be said or sung

Lamb of God, you take away the sin of the world, have mercy on us.

Lamb of God, you take away the sin of the world, have mercy on us.

Lamb of God, you take away the sin of the world, grant us peace.

GIVING OF COMMUNION

Draw near with faith. Receive the body of our Lord Jesus Christ which he gave for you, and his blood which he shed for you. Eat and drink in remembrance that he died for you, and feed on him in your heart by faith with thanksgiving.

Jesus is the Lamb of God
who takes away the sin of the world,
blessed are those who are called to his supper.

**Lord, I am not worthy to receive you,
but only say the word, and I shall be healed.**

The body of Christ broken for you; the blood of Christ shed for you

✠ POST COMMUNION PRAYER

God of all mercy,
in this eucharist you have set aside our sins
and given us your healing:
grant that we who are made whole in Christ

may bring that healing to this broken world,
in the name of Jesus Christ our Lord.

Almighty God, we thank you for feeding us with the body and blood of your Son Jesus Christ.

Through him we offer you our souls and bodies to be a living sacrifice. Send us out in the power of your Spirit to live and work to your praise and glory. Amen.

FINAL HYMN

I'll go in the strength of the Lord <https://www.youtube.com/watch?v=MOknG-JGeHw>

Closing

✠ Draw your Church together, O God,
into one great company of disciples,
together following our Lord Jesus Christ
into every walk of life,
together serving him in his mission to the world,
and together witnessing to his love
on every continent and island.

Amen.

Blessing

✠ May God give to you and to all those you love his comfort and his peace,
his light and his joy,
in this world and the next;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among *you* and remain with *you* always

Go in peace to love and serve the Lord.

In the name of Christ. Amen.

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